



Eaton Adult Instructional Grab & Go Kit:

Let the Flowers Grow (Seed Bombs)

by Miss Emily at Eaton Branch Library

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Design your own tote bag with this amazing paint marbling technique! Craft will be available for pickup at your local branch from May 1-31 - stop in to call or reserve yours!

Each kit includes:

- Colored paper
- Seed packets
- Old newspaper or paper towels for seed drying

You will need to provide:

- Mixing bowl
- Strainer
- Blender (see directions for what to do if you don't have a blender or don't want to use yours!)

How seed bombs work:

A **seed bomb** is a seed that has been wrapped in biodegradable materials (typically clay and compost or paper). These protect the seed from drying out, washing away, or being eaten by wildlife. Weather will eventually break down the seed bomb and the seeds will be released into the soil, but the seed will be protected until that time.

Seed bombs are a method of pre-planting the seed, and so it allows the seed to be planted anywhere. They are a way to purposely scatter seeds in areas where they can't be easily planted.

If possible, make your seed bombs right around a time when it is supposed to rain.

Directions begin on next page >





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Directions:

1. Pour two cups of water into your blender.
 - a. **NOTE:** If you do not have a blender, place two cups of water and three sheets of paper into a plastic bag and mash them together by hand.
2. Tear up roughly three sheets of paper into the top of the blender, carefully pressing it down into the water as you go. Fill the blender about a third of the way with
3. Put the lid on the blender and blend on medium until the paper has become a fine pulp. The more it is blended, the better everything will stick together. If the blender has difficulties, add more water.
4. Pour the contents of the blender into a strainer and make sure the strainer is positioned over your mixing bowl.
5. Use your fingers to push the excess water out of the papery pulp. Leave enough water to be able to shape the pulp into a ball.
6. Pour the desired amount of seeds into the pulp and mix it in with your fingers.
7. Grab a handful of pulp, squeeze out some of the water, and roll it into a ball. Set it aside to dry (this could take up to three days).
8. Spread seeds as you go! If possible, make sure that they are spread on soil so they can take root. Bury them just below the surface of the soil.